

# ASSEMBLY INSTRUCTIONS

FOR

## 2007 - 2011 BMW 3 SERIES\*

\*For additional vehicle compatibility, visit [www.wilwood.com](http://www.wilwood.com)

### AEROLITE 4R REAR BRAKE KIT WITH FLEXLINES AND 14.00" DIAMETER VENTED ROTOR

BASE PART NUMBER

**140-13583**

**DISC BRAKES SHOULD ONLY BE INSTALLED BY SOMEONE  
EXPERIENCED AND COMPETENT IN THE INSTALLATION AND  
MAINTENANCE OF DISC BRAKES  
READ ALL WARNINGS**

#### WARNING

IT IS THE RESPONSIBILITY OF THE PERSON INSTALLING ANY BRAKE COMPONENT OR KIT TO DETERMINE THE SUITABILITY OF THE COMPONENT OR KIT FOR THAT PARTICULAR APPLICATION. IF YOU ARE NOT SURE HOW TO SAFELY USE THIS BRAKE COMPONENT OR KIT, YOU SHOULD NOT INSTALL OR USE IT. DO NOT ASSUME ANYTHING. IMPROPERLY INSTALLED OR MAINTAINED BRAKES ARE DANGEROUS. IF YOU ARE NOT SURE, GET HELP OR RETURN THE PRODUCT. YOU MAY OBTAIN ADDITIONAL INFORMATION AND TECHNICAL SUPPORT BY CALLING WILWOOD AT (805) 388-1188, OR VISIT OUR WEB SITE AT [WWW.WILWOOD.COM](http://WWW.WILWOOD.COM). USE OF WILWOOD TECHNICAL SUPPORT DOES NOT GUARANTEE PROPER INSTALLATION. **YOU**, OR THE PERSON WHO DOES THE INSTALLATION MUST KNOW HOW TO PROPERLY USE THIS PRODUCT. IT IS NOT POSSIBLE OVER THE PHONE TO UNDERSTAND OR FORESEE ALL THE ISSUES THAT MIGHT ARISE IN YOUR INSTALLATION.

RACING EQUIPMENT AND BRAKES MUST BE MAINTAINED AND SHOULD BE CHECKED REGULARLY FOR FATIGUE, DAMAGE, AND WEAR.



Need Additional Information? Use Your  
SmartPhone and Jump to Our Technical  
Tips Section on Our Web Site.

**DISC BRAKES**  
**wilwood**

#### WARNING

**DO NOT OPERATE ANY VEHICLE ON UNTESTED BRAKES!  
SEE MINIMUM TEST PROCEDURE WITHIN**

ALWAYS UTILIZE SAFETY RESTRAINT SYSTEMS AND ALL OTHER AVAILABLE SAFETY EQUIPMENT WHILE OPERATING THE VEHICLE

**IMPORTANT • READ THE DISCLAIMER OF WARRANTY INCLUDED IN THE KIT**

NOTE: Some cleaners may stain or remove the finish on brake system components. Test the cleaner on a hidden portion of the component before general use.

## Important Notice - Read This First

Before any tear-down or disassembly begins, review the following information:

- Review the Wheel Clearance Diagram (Figure 2, page 3) to verify that there is adequate clearance with the wheels you will be using with the installation.
- Due to OEM production differences and other variations from vehicle to vehicle, the fastener hardware and other components in this kit may not be suitable for a specific application or vehicle.
- It is the responsibility of the purchaser and installer of this kit to verify suitability / fitment of all components and ensure all fasteners and hardware achieve complete and proper engagement. Improper or inadequate engagement can lead to component failure.

## Photographic Tip

**Important** and highly recommended: Take photos of brake system before disassembly and during the disassembly process. In the event, trouble-shooting photos can be life savers. Many vehicles have undocumented variations, photos will make it much simpler for Wilwood to assist you if you have a problem.

## Exploded Assembly Diagram

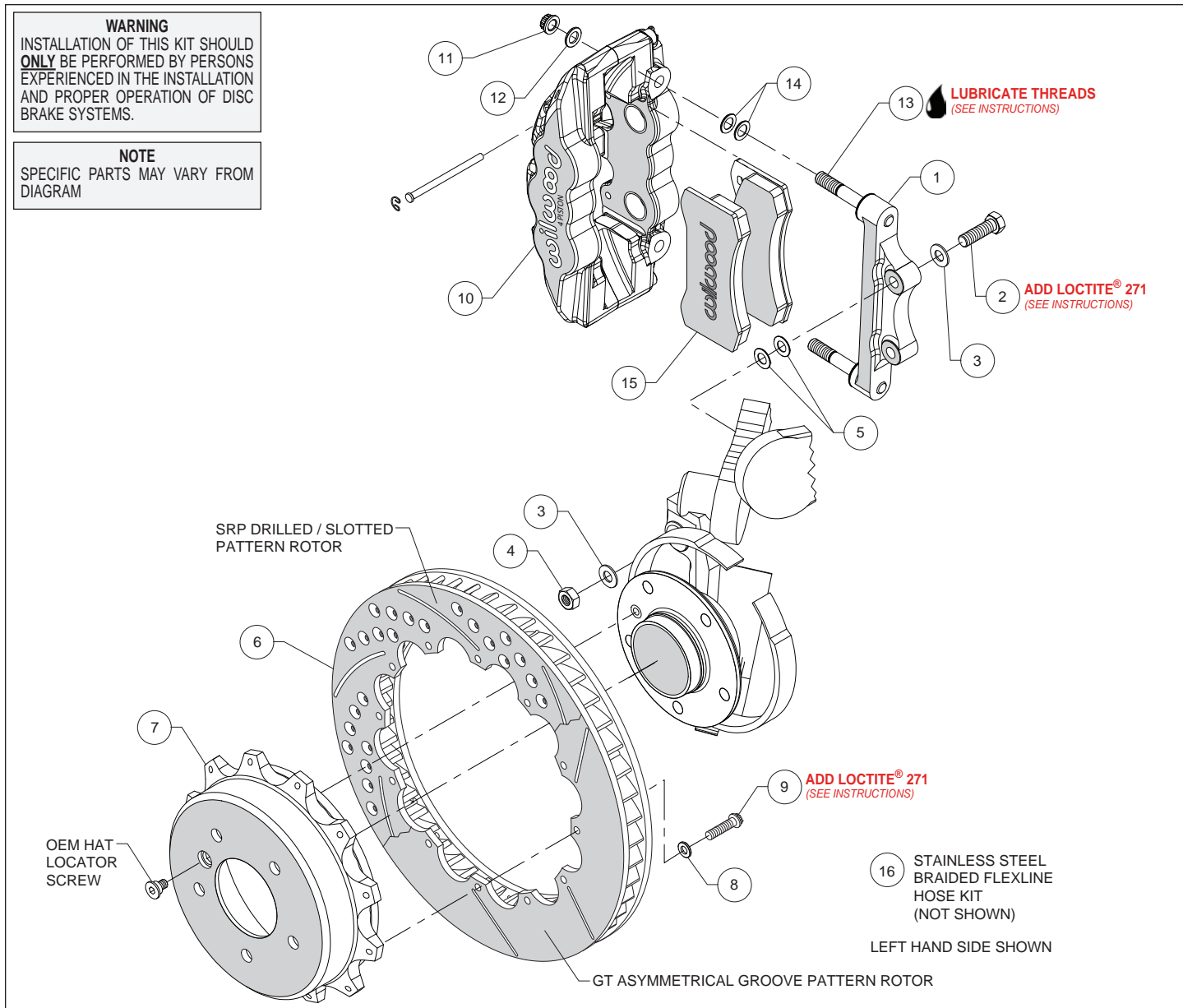


Figure 1. Typical Installation Configuration

## Parts List

ITEM NO.	PART NO.	DESCRIPTION	QTY
1	250-13587	Bracket, Caliper Mounting	2
2	230-13589	Bolt, M10-1.50 x 50mm, Hex Head	4
3	240-1934	Washer, .406 I.D. x .82 O.D. x .06 Thick	8
4	230-13601	Nut, M10-1.5, Hex	4
5	240-6267	Shim, .030 Thick	16
6	160-8402/03	Rotor, GT - 1.10" X 14.00" Dia, 12 x 8.75" Bolt Circle (one each, right and left)	2
6A	160-8400/01-BK	Rotor, Black, SRP Drilled and Slotted (one each, right and left)	2
7	170-13585	Hat / Big Brake, 5 x 4.72, 1.70 Offset, 12 x 8.75" Bolt Circle	2
8	240-11240	Washer, .265 I.D. x .500 O.D. x .063 Thick	24
9	230-6738	Bolt, 1/4-28 x .75 Long, 12 Point	24
10	120-13338-BK	Caliper, Aerolite 4R, Black	2
10A	120-13338-RD	Caliper, Aerolite 4R, Red	2
10B	120-13338-N	Caliper, Aerolite 4R, Quick-Silver	2
11	230-9182	Nut, 7/16-20, Self-Locking, 12 Point	4
12	240-11101	Washer, .453 I.D. x .750 O.D. x .063 Thick	4
13	230-9080	Stud, 7/16-14 x 7/16-20 x 3.375 long (pre installed in bracket)	4
14	240-1848	Shim, .030 Thick	16
15	150-9489K	Pad, BP-20 Compound, Axle Set	1
16	220-13647	Stainless Steel Braided Flexline Hose Kit (not shown)	1

NOTES: Part Number 230-8217 Rotor Bolt Kit, includes part numbers 230-6738 and 240-11240

Part Number 230-13588 Spindle/Bracket Mounting Bolt Kit, includes part numbers 230-13589, 230-13601, 240-1934, and 240-6267

Part Number 250-13586 Caliper Bracket Mounting Bolt Kit, includes P/N's 230-9182, 230-9080, 240-1848, 240-11101 and 250-13587

Item 6A is an optional item and is included with the "-D" drilled rotor kits. Add "-D" to end of part number when ordering.

Item 10A is an optional item and is included with the "-R" red caliper kits. Add "-R" to end of part number when ordering.

Item 10B is an optional item and is included with the "-N" quick-silver caliper kits. Add "-N" to end of part number when ordering.

## General Information and Disassembly Instructions

- Installation of this kit should **ONLY** be performed by persons experienced in the installation and proper operation of disc brake systems. Before assembling this Wilwood disc brake kit, double check the following to ensure a trouble free installation.
- Inspect the contents of this kit against the parts list to ensure that all components and hardware are included.
- Make sure this is the correct kit to fit the exact make and model year of your vehicle. This kit is designed for direct bolt-on installation to 2007 through 2011 model year BMW 3 Series axle hubs.
- Verify your wheel clearance using Figure 2.
- Verify that the factory axle hub center register diameter and lug pattern match those in the hat. **NOTE:** Axle hubs that have been modified with different size studs or lug patterns may require modifications to the new hat that must be performed by a qualified machinist.

### Disassembly

- Disassemble the original equipment front brakes:
  - Raise the rear wheels off the ground and support the rear suspension according to the vehicle manufacturer's instructions.
  - Remove the rear wheels, calipers, and rotors.
- Remove any nicks or burrs on the axle hub and upright that may interfere with the installation of the new brake components.
- Clean and de-grease the axle hub and upright assembly.

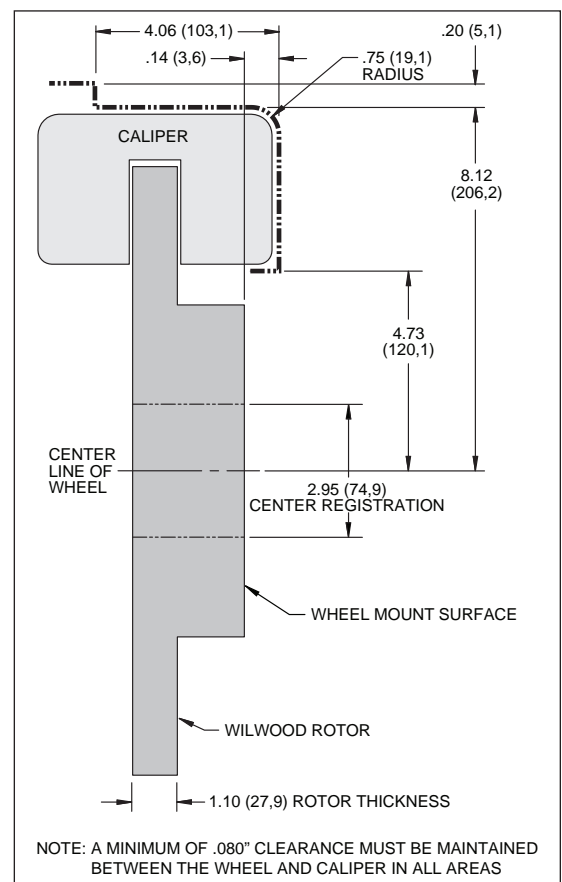


Figure 2. Wheel Clearance Diagram

## Modifications and Assembly Instructions

### Modifications

- The rear backing plate/dust shield needs to be modified to clear the new Wilwood rotor. Cut the dust shield to the base of the backing plate as indicated with the yellow line as shown in Photo 1.

**Assembly Instructions** (numbers in parenthesis refer to the parts list and Figure 1 on the preceding pages):

- The caliper mount bracket (1) should initially be installed with clean, dry threads on the mounting bolts. Orient the bracket as shown in Figure 1, and Photo 2, and install using washers (3), bolts (2), and nuts (4). Initially place two .030" thick shims (5) on each bolt between the bracket and upright, Figure 1. Temporarily tighten the mounting bolts. **NOTE:** *The bracket must fit squarely against the mount bosses on the upright.* Inspect for interference from casting irregularities, machining ridges, burrs, etc. Later, after the caliper alignment has been checked, the mount bolts will be secured using red *Loctite*® 271.

- Orient the rotor (6) and the hat (7) as shown in Figure 1 and Photo 3. Attach rotor to hat using bolts (9) and washers (8). Using an alternating sequence, apply red *Loctite*® 271 to the threads, and torque to 140 **in-lbs**. For an added measure of security, the bolts may be safety wired using standard 0.032 inch diameter stainless steel safety wire as shown in Figure 3. Please refer to Wilwood's data sheet DS-386 (available at [www.wilwood.com/Pdf/DataSheets/ds386.pdf](http://www.wilwood.com/Pdf/DataSheets/ds386.pdf)) for complete safety wire installation instructions.

- Slide the hat/rotor assembly onto the axle hub. **NOTE:** *The hat must fit flush against the axle hub flange or excessive rotor run out may result.* Install the OEM hat locator screw to keep the hat/rotor assembly in place while continuing with the installation.

- Lubricate the caliper mounting studs (13) with lightweight oil. Initially place two .030" thick shims (14) on each stud as shown in Figure 1 and Photo 4. Mount the caliper (10) onto the bracket (1) using lock nuts (11) and washers (12), Figure 1. Temporarily tighten the lock nuts and view the rotor through the top opening of the caliper. The rotor should be centered in the caliper, Photo 5. If not, adjust by adding or subtracting shims (5) between the bracket and the upright. Always use the same amount of shims on each of the two mounting bolts. Once the caliper alignment is correct, remove the bracket mounting nuts (4) one at a time, apply red *Loctite*® 271 to the threads, and torque to 40 ft-lb.

- Remove the two pad retaining pins from the caliper by carefully popping out the pin retaining clips and sliding out the pins. Insert the brake pads (15) into the caliper from the bottom, Figure 1, and Photo 6, with the friction material facing the rotor and secure the brake pads in place with the pad retaining pins and clips, Photo 7. Reinstall the caliper onto the caliper mounting bracket and temporarily tighten the lock nuts. Check that the top of the brake pad is flush with the outside diameter of the rotor, Photo 8. If not, adjust by adding or subtracting shims (14) between the caliper and the bracket. After the caliper pad height is set, torque the caliper lock nuts (11) to 47 ft-lb.

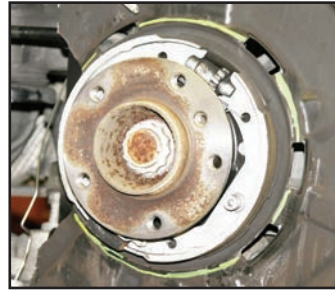


Photo 1



Photo 2



Photo 3

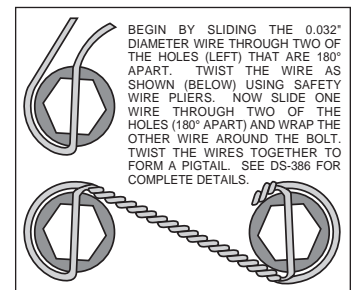


Figure 3. Safety Wire Diagram



Photo 4

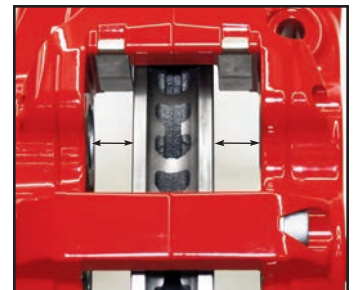


Photo 5



Photo 6

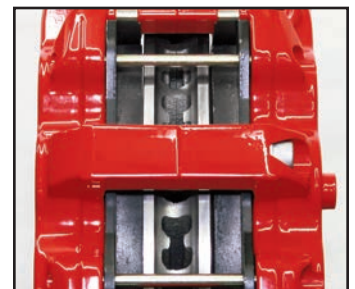


Photo 7



## Assembly Instructions (Continued)

- Temporarily install the wheel bolts and torque to manufacturer's specification. Ensure that the wheel rotates freely without any interference.

• **NOTE:** OEM rubber brake hoses generally cannot be adapted to Wilwood calipers. The caliper inlet fitting is a 1/8-27 NPT. Install Wilwood's stainless steel braided flexline hose kit (16), P/N 220-13647 included with this kit. **Carefully route hoses to prevent contact with moving suspension, brake or wheel components.** **NOTE:** Wilwood hose kits are designed for use in many different vehicle applications and it is the installer's responsibility to properly route and ensure adequate clearance and retention for brake hose components.

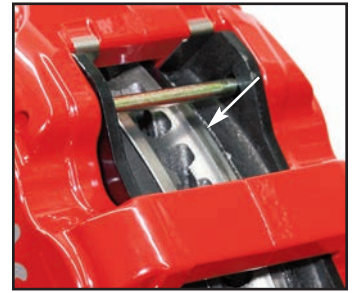


Photo 8

• **NOTE:** Specified brake hose kits may not work with all Years, Makes and Models of vehicle that this brake kit is applicable to, due to possible OEM manufacturing changes during a production vehicle's life. It is the installer's responsibility to ensure that all fittings and hoses are the correct size and length, to ensure proper sealing and that they will not be subject to crimping, strain and abrasion from vibration or interference with suspension components, brake rotor or wheel.

- In absence of specific instructions for brake line routing, the installer must use his best professional judgment on correct routing and retention of lines to ensure safe operation. Test vehicle brake system per the 'minimum test' procedure stated within this document before driving. After road testing, inspect for leaks and interference. Initially after install and testing, perform frequent checks of the vehicle brake system and lines before driving, to confirm that there is no undue wear or interference not apparent from the initial test. Afterwards, perform periodic inspections for function, leaks and wear in a interval relative to the usage of vehicle.

- Bleed the brake system, referring to the additional information and recommendations below for proper bleeding instructions. Check system for leaks after bleeding.

- Install the wheel and torque the wheel bolts to manufacturer's specification.

## Additional Information and Recommendations

- Fill and bleed the new system with Wilwood Hi-Temp<sup>o</sup> 570 grade fluid or higher. For severe braking or sustained high heat operation, use Wilwood EXP 600 Plus Racing Brake Fluid. Used fluid must be completely flushed from the system to prevent contamination. **NOTE:** Silicone DOT 5 brake fluid is **NOT** recommended for racing or performance driving.

- To properly bleed the brake system, begin with the caliper farthest from the master cylinder. Bleed the outboard bleed screw first, then the inboard. Repeat the procedure until all calipers in the system are bled, ending with the caliper closest to the master cylinder. **NOTE:** When using a new master cylinder, it is important to bench bleed the master cylinder first.

- Test the brake pedal. It should be firm, not spongy and stop at least 1 inch from the floor under heavy load.

If the brake pedal is spongy, bleed the system again.

If the brake pedal is initially firm, but then sinks to the floor, check the system for fluid leaks. Correct the leaks (if applicable) and then bleed the system again.

If the brake pedal goes to the floor and continued bleeding of the system does not correct the problem, a master cylinder with increased capacity (larger bore diameter) may be required. Wilwood offers various lightweight master cylinders with large fluid displacement capacities.

- **NOTE:** With the installation of after market disc brakes, the wheel track may change depending on the application. Check your wheel offset before final assembly.

- If after following the instructions, you still have difficulty in assembling or bleeding your Wilwood disc brakes, consult your local chassis builder, or retailer where the kit was purchased for further assistance. Additional information is also available on our web site at [www.wilwood.com](http://www.wilwood.com), or e-mail additional assistance: [info@wilwood.com](mailto:info@wilwood.com).

## Brake Testing

### **WARNING • DO NOT DRIVE ON UNTESTED BRAKES BRAKES MUST BE TESTED AFTER INSTALLATION OR MAINTENANCE MINIMUM TEST PROCEDURE**

- Make sure pedal is firm: Hold firm pressure on pedal for several minutes, it should remain in position without sinking. If pedal sinks toward floor, check system for fluid leaks. DO NOT drive vehicle if pedal does not stay firm or can be pushed to the floor with normal pressure.
- At very low speed (2-5 mph) apply brakes hard several times while turning steering from full left to full right, repeat several times. Remove the wheels and check that components are not touching, rubbing, or leaking.
- Carefully examine all brake components, brake lines, and fittings for leaks and interference.
- Make sure there is no interference with wheels or suspension components.
- Drive vehicle at low speed (15-20 mph) making moderate and hard stops. Brakes should feel normal and positive. Again check for leaks and interference.
- Always test vehicle in a safe place where there is no danger to (or from) other people or vehicles.
- Always wear seat belts and make use of all safety equipment.

## Pad and Rotor Bedding

### **BEDDING STEPS FOR NEW PADS AND ROTORS – ALL COMPOUNDS**

Once the brake system has been tested and determined safe to operate the vehicle, follow these steps for the bedding of all new pad materials and rotors. These procedures should only be performed on a race track, or other safe location where you can safely and legally obtain speeds up to 65 MPH, while also being able to rapidly decelerate.

- Begin with a series of light decelerations to gradually build some heat in the brakes. Use an on-and-off the pedal technique by applying the brakes for 3-5 seconds, and then allow them to fully release for a period roughly twice as long as the deceleration cycle. If you use a 5 count during the deceleration interval, use a 10 count during the release to allow the heat to sink into the pads and rotors.
- After several cycles of light stops to begin warming the brakes, proceed with a series of medium to firm deceleration stops to continue raising the temperature level in the brakes.
- Finish the bedding cycle with a series of 8-10 hard decelerations from 55-65 MPH down to 25 MPH while allowing a proportionate release and heat-sinking interval between each stop. The pads should now be providing positive and consistent response.
- If any amount of brake fade is observed during the bed-in cycle, immediately begin the cool down cycle.
- Drive at a moderate cruising speed, with the least amount of brake contact possible, until most of the heat has dissipated from the brakes. Avoid sitting stopped with the brake pedal depressed to hold the car in place during this time. Park the vehicle and allow the brakes to cool to ambient air temperature.

### **COMPETITION VEHICLES**

- If your race car is equipped with brake cooling ducts, blocking them will allow the pads and rotors to warm up quicker and speed up the bedding process.
- Temperature indicating paint on the rotor and pad edges can provide valuable data regarding observed temperatures during the bedding process and subsequent on-track sessions. This information can be highly beneficial when evaluating pad compounds and cooling efficiencies.

## Pad and Rotor Bedding (Continued)

### POST-BEDDING INSPECTION – ALL VEHICLES

- After the bedding cycle, the rotors should exhibit a uniformly burnished finish across the entire contact face. Any surface irregularities that appear as smearing or splotching on the rotor faces can be an indication that the brakes were brought up to temperature too quickly during the bedding cycle. If the smear doesn't blend away after the next run-in cycle, or if chatter under braking results, sanding or resurfacing the rotors will be required to restore a uniform surface for pad contact.

### PRE-RACE WARM UP

- Always make every effort to get heat into the brakes prior to each event. Use an on-and-off the pedal practice to warm the brakes during the trip to the staging zone, during parade laps before the flag drops, and every other opportunity in an effort to build heat in the pads and rotors. This will help to ensure best consistency, performance, and durability from your brakes.

### DYNO BEDDED COMPETITION PADS AND ROTORS

- Getting track time for a proper pad and rotor bedding session can be difficult. Wilwood offers factory dyno-bedded pads and rotors on many of our popular competition pads and **Spec 37** GT series rotors. Dyno-bedded parts are ready to race on their first warm up cycle. This can save valuable time and effort when on-track time is either too valuable or not available at all, Dyno-bedding assures that your pads and rotors have been properly run-in and are ready to go. Contact your dealer or the factory for more information on Wilwood Dyno-Bedding services.

### NOTE:

*NEVER allow the contact surfaces of the pads or rotors to be contaminated with brake fluid. Always use a catch bottle with a hose to prevent fluid spill during all brake bleeding procedures.*

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## Associated Components

<u>PART NO.</u>	<u>DESCRIPTION</u>
<a href="#">260-13706</a>	Wilwood Residual Pressure Valve (2 lb for disc brakes)
<a href="#">260-13707</a>	Wilwood Residual Pressure Valve (10 lb for drum brakes)
<a href="#">260-8419</a>	Wilwood Proportioning Valve, Knob Style
<a href="#">260-8420</a>	Wilwood Proportioning Valve, Lever Style
<a href="#">260-11179</a>	Wilwood Combination Proportioning Valve with Brake Light Switch
<a href="#">290-0632</a>	Wilwood Racing Brake Fluid (Hi-Temp° 570) (12 oz)
<a href="#">290-6209</a>	Wilwood Racing Brake Fluid (EXP 600 Plus) (16.9 oz)
<a href="#">340-13831</a>	Wilwood Floor Mount Brake Pedal (with balance bar)
<a href="#">340-13832</a>	Wilwood Swing Mount Brake Pedal (with balance bar)
<a href="#">260-6764</a>	Wilwood 3/4 inch High Volume Aluminum Master Cylinder
<a href="#">260-6765</a>	Wilwood 7/8 inch High Volume Aluminum Master Cylinder
<a href="#">260-6766</a>	Wilwood 1 inch High Volume Aluminum Master Cylinder
<a href="#">260-4893</a>	1-1/16 inch Tandem Master Cylinder (aluminum housing)
<a href="#">250-2406</a>	Mounting Bracket Kit (tandem master cylinder)
<a href="#">260-8555</a>	Wilwood 1 inch Aluminum Tandem Chamber Master Cylinder
<a href="#">260-8556</a>	Wilwood 1-1/8 inch Aluminum Tandem Chamber Master Cylinder
<a href="#">220-7056</a>	Flexline Kit, Universal, 14 Inch, Domestic, 3/8-24 IF
<a href="#">220-7699</a>	Flexline Kit, Universal, 16 Inch, Domestic, 3/8-24 IF
<a href="#">220-8307</a>	Flexline Kit, Universal, 18 Inch, Domestic, 3/8-24 IF
<a href="#">220-13647</a>	Flexline Kit, 2007-2011 BMW 3 Series, Rear